**Manuscript template for Commentary or Perspective or Review Article**

**TITLE:**

**ABSTRACT**

Introduction:

Method:

Results:

Conclusion:

Keywords:

**INTRODUCTION**

**SUB-HEADING** – Level 1

**Sub-heading** – Level 2

**SUB-HEADING**

… as shown in Table/Figure 1.

The details are shown in Table/Figure 1.

*Table/Figure 1 here*

**CONCLUSION**

**REFERENCES**

**TABLES**

Table 1. Sociodemographic characteristics of patients with low-back pain treated with a standard regimen of acupuncture at the Traditional Medicine Hospital, Thimphu, Bhutan, 2022 – 2025

|  |  |  |
| --- | --- | --- |
| **Characteristics** | **n** | **%** |
| Age (years)\* |  |  |
| 18 – 24 | *x*1 | *y*1 |
| 25 – 34 | *x*2 | *y*2 |
| … | *x*3 | *y*3 |
| ≥65 | *x*4 | *y*4 |
|  |  |  |
| Body mass index (kg/m2) |  |  |
| Underweight |  |  |
| Normal |  |  |
|  |  |  |
|  |  |  |
| Education |  |  |
| HSS |  |  |
| NFE |  |  |
|  |  |  |
| \*Total do not add up as data were missing for 2 participants.  NFE: Norn-Formal Education; HSS = Higher secondary school | | |

**FIGURES**

Figure 1.